

Big Hearts Community Trust



Young People's Support Officer (Mental Health & Wellbeing)

Responsible to: Operations Manager

Location: Tynecastle Park, Edinburgh, EH11 2NL

(Some working from home will be required)

Hours: 37.5 hours a week (1.0 FTE). Some evening work will be required.

(Flexible working/part time will be considered and should be explained in the cover letter)

Salary: £22,000. This is a two year post to end December 2024 which may be extended subject to funding.

Organisation Profile:

Big Hearts Community Trust is the official charity of Heart of Midlothian Football Club. Based in Gorgie, Edinburgh, our commitment to 2024 is to improve outcomes for individuals and families across Edinburgh. We work across three key areas: Mental Health, Social Connection and Equal Opportunities. We use the power of football to change lives.

We work closely with local and specialist partners to identify areas of need, understand where we can best add value and to ensure any activities we develop or support are targeted and delivered effectively within the community.

More information on our work can be found at www.bighearts.org.uk

Purpose of Role:

The aim of this role is to lead on our work with children and young people (aged 5 - 24 years old, or 26 if care experienced) referred to us for mental health support through the Wellbeing Together South West partnership, with a focus on those in South-West Edinburgh, Wester Hailes and the Gorgie / Dalry area. This role will involve partnership working with SPACE, With Kids and SAMH (Scottish Association for Mental Health).

Details on the Wellbeing Together South West project can be found [here](#).

The role will involve two distinct parts:

Firstly, providing hands-on support for young people, including 1-1 work, supporting parents and carers, as well as joining and supporting the delivery of ongoing group work. We currently support young people to join Big Hearts' projects: That's Me, T.E.A.M., Schools Out and Welcome Through Football. On top of this, there will be scope for the postholder to develop and design sessions which benefit the wellbeing of young people.

Secondly, participating in weekly online referral meetings, as well as maintaining a smooth referral pathway for children and young people to join four of our existing projects, monitoring the progress of individuals over time, assessing the impact of our work and reporting on our outcomes for the City of Edinburgh Council and Scottish Government. The postholder will be the lead member of staff for Big Hearts' involvement in the Wellbeing Together South West partnership.

This is the perfect role for someone who has experience within the charity sector, and particularly with experience of working with children and young people around their mental health and wellbeing.

The role will involve supporting young people who are experiencing emotional distress, and providing parent or carer support. The post-holder must be suitably qualified and have the ability to provide advice to parents, carers, as well as to provide advice and support to colleagues.

Key Responsibilities:

- Be the main point of contact for all children and young people referred to Big Hearts Community Trust through the Wellbeing Together South West partnership.
- Support young people to attend relevant group work, or support them 1-1, with the aim of improving their mental health and wellbeing over time.
- Lead on partnership working with SPACE, With Kids and SAMH, as well as our participation in partnership regular meetings.
- Lead internal and external meetings related to our children and young people's community mental health support.
- Maintain productive working relationships with partners and stakeholders.
- Identify, assess and control health and safety risks.
- Manage administration, planning, monitoring and reporting related to our involvement in Wellbeing Together South West.
- Lead on evaluating the impact of our work within this partnership on young people's mental health and wellbeing.

Personal Qualities Required:

- Open to generating imaginative solutions and to try out new ways of working.
- Able to present information clearly, concisely, and accurately.
- Able to use a range of communication styles to help maintain someone's interest.
- Ability to show empathy with the needs of others, their feelings and motivations.
- Show respect for the views and actions of others.
- Able to give feedback to others to help them improve their performance.
- Able to inspire others, championing work to achieve common goals.
- Ability to develop an atmosphere of professionalism and mutual support.

Essential experience & knowledge required:

- ✓ At least three years experience of working with young people (6 to 24 yrs old) around mental health & wellbeing.
- ✓ A degree / diploma / certificate / professional award in a relevant subject area.
- ✓ An understanding of the charity sector, especially within the Edinburgh area.
- ✓ Experience of leading on monitoring and reporting on outcomes, including standard wellbeing measures such as YP Core, Core 10, WEMWBS and My Star (or similar).
- ✓ Experience of working 1-1 with young people, with a focus on wellbeing outcomes.
- ✓ Experience of leading group work with young people.

Desirable knowledge:

- ✓ Knowledge of other support available for children and young people in Edinburgh.
- ✓ Knowledge or experience of working with care experienced, or refugee young people.
- ✓ Knowledge or experience of using Microsoft SharePoint & Microsoft Teams.

Support & development:

- ✓ You will receive regular 1-1 support from the Operations Manager.
- ✓ Specific training budget to spend on your own development.

To Apply:

Please email your CV & cover letter to **recruitment@bighearts.org.uk**, detailing how your skills and experiences make you a good fit for this role.

The deadline for applications is 12noon on Tuesday 10th January. Shortlisted candidates will then receive an invitation to attend an interview.

If you have any questions about the role, or the recruitment process please email recruitment@bighearts.org.uk and we will help answer your questions.