

Big Hearts Community Trust



- ***Young People's Support Officer (Mental Health & Wellbeing)***

Responsible to: Operations Manager

Location: Tynecastle Park, Edinburgh, EH11 2NL

(Some working from home will be required)

Hours: 37.5 hours a week (1.0 FTE)

(Flexible working/part time will be considered for the correct candidate)

Salary: £22,000. This is a three year role which may be extended subject to funding.

Organisation Profile:

Big Hearts Community Trust is the official charity of Heart of Midlothian Football Club. Based in Gorgie, Edinburgh, our commitment to 2024 is to improve outcomes for individuals and families across Edinburgh. We work across three key areas: Mental Health, Social Connection and Equal Opportunities. We use the power of football to change lives.

We work closely with local and specialist partners to identify areas of need, understand where we can best add value and to ensure any activities we develop or support are targeted and delivered effectively within the community.

More information on our work can be found at www.bighearts.org.uk

Purpose of Role:

The aim of this role is to lead on our work with children and young people (aged 5 - 24 years old, or 26 if care experienced) referred to us for mental health support, with a focus on those in South-West Edinburgh, Wester Hailes and the Gorgie / Dalry area.

This role will involve partnership working with SPACE, With Kids and SAMH (Scottish Association for Mental Health).

The role will involve participating in weekly referral meetings, as well as creating a smooth referral pathway for children and young people to join four of our existing projects. The role will also involve 1-1 work with young people, as well as joining and supporting the delivery of group work, monitoring the progress of individuals, assessing the impact of our work and reporting on our outcomes. On top of this, there will be scope to develop and design sessions which benefit the wellbeing of young people.

This is the perfect role for someone who has experience within the charity sector, and particularly with experience of working with children and young people around their mental health and wellbeing.

The role will involve supporting young people who are experiencing emotional distress, and providing parent or carer support. The post-holder must be suitably qualified and have the ability to provide advice to parents, carers, as well as to provide advice and support to colleagues.

Key Responsibilities:

- Be the main point of contact for all children and young people referred to Big Hearts Community Trust through this community mental health partnership.
- Support young people to attend relevant group work, or support them 1-1, with the aim of improving their mental health and wellbeing over time.
- Lead on partnership working with SPACE, With Kids and SAMH as part of our SW Edinburgh partnership.
- Lead internal and external meetings related to our children and young people's community mental health support.
- Maintain productive working relationships with partners and stakeholders.
- Identify, assess and control health and safety risks.
- Manage administration, planning, monitoring and reporting.
- Lead on evaluating the impact of our work within this partnership on young people's mental health and wellbeing.

Personal Qualities Required:

- Open to generating imaginative solutions and to try out new ways of working.
- Able to present information clearly, concisely, and accurately.
- Able to use a range of communication styles to help maintain someone's interest.
- Ability to show empathy with the needs of others, their feelings and motivations.
- Show respect for the views and actions of others.
- Able to give feedback to others to help them improve their performance.
- Able to inspire others, championing work to achieve common goals.
- Ability to develop an atmosphere of professionalism and mutual support.

Essential experience & knowledge required:

- ✓ At least three years experience of working with young people (6 to 24 yrs old) around mental health & wellbeing.
- ✓ A degree / diploma / certificate / professional award in a relevant subject area.
- ✓ An understanding of the charity sector, especially within the Edinburgh area.
- ✓ Experience of leading on monitoring and reporting on outcomes.
- ✓ Experience of working on charitable projects.
- ✓ Experience of working 1-1 with young people, as well as group work, with a focus on wellbeing outcomes.

Desirable knowledge:

- ✓ Knowledge of other support available for children and young people in Edinburgh.
- ✓ Knowledge or experience of working with care experienced young people.

To Apply:

Please email your CV & cover letter to **recruitment@bighearts.org.uk**, detailing how your skills and experiences make you a good fit for this role.

The deadline for applications is 12noon on Friday 19th November. Shortlisted candidates will then receive an invitation to attend an interview.

Interviews will be held at Tynecastle Park on Friday 26th November.

If you have any questions about the role, or the recruitment process please email **recruitment@bighearts.org.uk** and we will help answer your questions.