



WE ARE HERE TO HELP CONTACT OUR TEAM!


Big Hearts is a registered charity number SC037311



Kinship Care Helpline

Advice on parenting, peer support and services for Kinship Care families.

 **0131 603 4927**

 kinship@bighearts.org.uk


10am - 4pm | Mon - Thur



The Changing Room at Big Hearts

Mental health support and wellbeing information, including regular video chats.

 **0131 603 4929**

 thechangingroom@bighearts.org.uk

10.30am - 3pm | Mon - Thur



Community Helpline

Social connection and advice for participants at risk of loneliness and poverty.

 **0131 603 4928**

 community@bighearts.org.uk

10am - 4pm | Mon - Fri



Big Hearts Office

General enquiries including volunteering, fundraising and media requests.

 **0131 603 4926**

 communications@bighearts.org.uk

10am - 4pm | Mon - Fri